

Adult Tool List	Link	Description
<b>Advanced Care Planning</b>		
Advanced Directives and Medical Care Decisions (NC DHHS) (English)	<a href="http://www.ncmedsoc.org/non_members/public_resources/eol/MedicalCareDecisions-AdvanceDirectives.pdf">http://www.ncmedsoc.org/non_members/public_resources/eol/MedicalCareDecisions-AdvanceDirectives.pdf</a>	
DNR and MOST Forms: Order Forms Here (NC Division of Health Service Regulation)	<a href="http://www.ncdhhs.gov/dhsr/EMS/dnrmost.html">http://www.ncdhhs.gov/dhsr/EMS/dnrmost.html</a>	Web address for ordering MOST (Medical Orders for Scope of Treatment) and DNR (Do Not Resuscitate) forms. These are both to be filled out by the MD with the patient present. The MOST is more specific than the DNR
Hospice Locator by County: Search Page	<a href="http://netforum.nhpco.org/eWeb/DynamicPage.aspx?Site=NHPCO&amp;WebKey=a9338cdd-546a-42f5-9061-6b91dbdb31da">http://netforum.nhpco.org/eWeb/DynamicPage.aspx?Site=NHPCO&amp;WebKey=a9338cdd-546a-42f5-9061-6b91dbdb31da</a>	Put in your county, find out what hospice providers operate in your county.
Palliative Care Resource: getPalliativecare.org	<a href="http://getpalliativecare.org/resources/">http://getpalliativecare.org/resources/</a>	No PDFs available from this site, but good resource
<b>Antipsychotics</b>		
Antipsychotics: Questions to Ask Prescriber	<a href="http://www.ncfahp.org/Data/Sites/1/icare-resources/foster-care/questionstoaskprescriber-final.pdf">http://www.ncfahp.org/Data/Sites/1/icare-resources/foster-care/questionstoaskprescriber-final.pdf</a>	
Adult Safety with Antipsychotic Prescribing	<a href="http://www.documentforsafety.org/pub/">http://www.documentforsafety.org/pub/</a>	Details here about NC Medicaid's prior authorization process for antipsychotics unless the drug is FDA approved for the condition.
<b>Anxiety</b>		
Generalized Anxiety Disorder Screener	<a href="http://www.uvm.edu/medicine/ahec/documents/Generalized_Anxiety_Disorder_Screener_GAD7.pdf">http://www.uvm.edu/medicine/ahec/documents/Generalized_Anxiety_Disorder_Screener_GAD7.pdf</a>	
<b>Asthma/Allergy</b>		
Anaphylaxis Action Plan (American Acad of Allergy, Asthma & Immunology) - English	<a href="http://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries/Anaphylaxis-Emergency-Action-Plan.pdf">http://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries/Anaphylaxis-Emergency-Action-Plan.pdf</a>	To go with patient to school, camp, or institution
Anaphylaxis Action Plan (American Acad of Allergy, Asthma & Immunology) - Spanish	<a href="http://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Spanish/Anaphylaxis-Emergency-Action-Plan-Spanish.pdf">http://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Spanish/Anaphylaxis-Emergency-Action-Plan-Spanish.pdf</a>	To go with patient to school, camp, or institution
Asthma 1a - Initial Visit Instructions and Key Steps (CCNC)	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma1a-initial-visit-instructions-key-steps.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma1a-initial-visit-instructions-key-steps.pdf</a>	

Asthma 1b: Follow Up Visit Instructions and Key Steps (CCNC)	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma1b-follow-visit-instructions-key-steps-.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma1b-follow-visit-instructions-key-steps-.pdf</a>	
Asthma 2 - Facts About Asthma (CCNC) English & Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma-2-facts-about-asthma-ccnc-english-spanish.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma-2-facts-about-asthma-ccnc-english-spanish.pdf</a>	
Asthma 3 - Asthma Triggers (CCNC) English & Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma-3-asthma-triggers-ccnc-english-spanish.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma-3-asthma-triggers-ccnc-english-spanish.pdf</a>	
Asthma 4 - Medication Photos Posters (CCNC) English & Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma-4-medication-photos-posters-ccnc-english-sp.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma-4-medication-photos-posters-ccnc-english-sp.pdf</a>	
Asthma Action Plan (CCNC/NCAP/AANC) Print and Write On - English	<a href="http://www.communitycarenc.org/media/tool-resource-files/nc-asthma-action-plan-nc-dhhsdpi-english.pdf">http://www.communitycarenc.org/media/tool-resource-files/nc-asthma-action-plan-nc-dhhsdpi-english.pdf</a>	
Asthma Action Plan (CCNC/NCAP/AANC) Print and Write On - Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/nc-asthma-action-plan-nc-dhhsdpi-spanish.pdf">http://www.communitycarenc.org/media/tool-resource-files/nc-asthma-action-plan-nc-dhhsdpi-spanish.pdf</a>	
Asthma Action Plan: How to Complete Written Plan (CCNC)	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma-action-plan-how-complete-written-plan.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma-action-plan-how-complete-written-plan.pdf</a>	
Asthma Action Plan: Instructions for Filling In (CCNC)	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma-action-plan.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma-action-plan.pdf</a>	Enter personal best or expected peak flow at top left and the other peak flows auto-fill. Enter "green zone" meds and "yellow zone" autofills so you can just increase frequency if appropriate.
Asthma Action Plan: Type into PDF, Save and Print (CCNC) - English	<a href="http://www.communitycarenc.org/media/tool-resource-files/asthma-action-plan-one-page-version.pdf">http://www.communitycarenc.org/media/tool-resource-files/asthma-action-plan-one-page-version.pdf</a>	Just the 1 page form, no instructions attached. Use IE, Firefox or Chrome browsers.
Asthma Control Test age 12-Adult (QualityMetrics) - English	<a href="http://www.asthma.com/assets/pdf/asthma_act_adult.pdf">http://www.asthma.com/assets/pdf/asthma_act_adult.pdf</a>	
<b>Cardiovascular</b>		
Cardiovascular Risk Calculator (American College of Cardiology)	<a href="http://tools.cardiosource.org/ASCVD-Risk-Estimator/">http://tools.cardiosource.org/ASCVD-Risk-Estimator/</a>	Tool to help you and your patient decide about statins based on Nov 2013 guidelines.
Statin/Aspirin Choice - Decision Aid (Mayo Clinic)	<a href="http://statindecisionaid.mayoclinic.org/">http://statindecisionaid.mayoclinic.org/</a>	Tool to help you and your patient decide about statins and aspirin based on Nov 2013 guidelines.
<b>COPD</b>		

My COPD Checklist & Action Plan (B-I Pharmaceuticals/Strategies for Chronic Care) - English	<a href="http://www.goldcopd.org/guidelines-pocket-guide-to-copd-diagnosis.html">http://www.goldcopd.org/guidelines-pocket-guide-to-copd-diagnosis.html</a>	Tool to use at COPD visits with patients.
Tobacco Cessation: 800-QUITNOW One Page Flier (NC DHHS) - Spanish	<a href="http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet---spanish.pdf?sfvrsn=6">http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet---spanish.pdf?sfvrsn=6</a>	One page 1800QUITNOW flier in Spanish
Tobacco Cessation: Resources for your Practice (NC DHHS Quitline)	<a href="http://www.quitlinenc.com/health-professionals/practice-resources/resources-for-your-practice">http://www.quitlinenc.com/health-professionals/practice-resources/resources-for-your-practice</a>	Posters, fliers, chart of NRT, etc
Tobacco Cessation: Quitline Fax Referral Form (NC DHHS) - English	<a href="http://www.communitycarenc.org/media/tool-resource-files/tobacco-cessation-quitline-fax-referral-form-nc-dh.pdf">http://www.communitycarenc.org/media/tool-resource-files/tobacco-cessation-quitline-fax-referral-form-nc-dh.pdf</a>	Fax referral form asking Quitline to call the patient.
Tobacco Cessation: 800-QUITNOW One Page Flier (NC DHHS) - English	<a href="http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet.pdf?sfvrsn=6">http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet.pdf?sfvrsn=6</a>	One page flier with 1800-QUITNOW info.
WHO/GOLD/NHLBI - English, Arabic, Romanian, Italian; no Spanish	<a href="http://www.goldcopd.org/patient-guide.html">http://www.goldcopd.org/patient-guide.html</a>	Guide for patients from WHO in multiple languages
WHO Pocket Guide for COPD Management	<a href="http://www.ihpm.org/COPD/My%20COPD%20Plan%20of%20Action%20&amp;%20Checklist.pdf">http://www.ihpm.org/COPD/My%20COPD%20Plan%20of%20Action%20&amp;%20Checklist.pdf</a>	Jan 2014 Management recommendations- Stable COPD- p.19, Exacerbations- p.20.
<b>Depression</b>		
Adult Depression Flow Chart	<a href="http://www.communitycarenc.org/media/tool-resource-files/adult-depression-flow-chart.pdf">http://www.communitycarenc.org/media/tool-resource-files/adult-depression-flow-chart.pdf</a>	From CCNC Depression Toolkit used with NC Evidence Based Practice Center
Depression Differential Diagnosis Screening	<a href="http://www.communitycarenc.org/media/tool-resource-files/differential-diagnosis-screening.pdf">http://www.communitycarenc.org/media/tool-resource-files/differential-diagnosis-screening.pdf</a>	Grief Reaction Screening, Mania Screening, Alcohol Use/Abuse Screening
Depression Self-Care Action Plan	<a href="http://www.communitycarenc.org/media/tool-resource-files/self-care-action-plan.pdf">http://www.communitycarenc.org/media/tool-resource-files/self-care-action-plan.pdf</a>	Used by CCNC and NC Evidence Based Practices Center, developed by Ted Amann, RN
Depression Treatment Care Process Overview	<a href="http://www.communitycarenc.org/media/tool-resource-files/treatment-care-overview.pdf">http://www.communitycarenc.org/media/tool-resource-files/treatment-care-overview.pdf</a>	From CCNC Depression Toolkit used with NC Evidence Based Practice Center
Guide to Antidepressants	<a href="http://www.communitycarenc.org/media/tool-resource-files/guide-antidepressants.pdf">http://www.communitycarenc.org/media/tool-resource-files/guide-antidepressants.pdf</a>	2 page summary table from CCNC Depression Toolkit

PHQ-9 Screening and Diagnosis - English	<a href="http://www.communitycarenc.org/media/tool-resource-files/phq-9-screening-and-diagnosis.pdf">http://www.communitycarenc.org/media/tool-resource-files/phq-9-screening-and-diagnosis.pdf</a>	
PHQ-9 Screening and Diagnosis - Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/phq-9-screening-and-diagnosis-spanish.pdf">http://www.communitycarenc.org/media/tool-resource-files/phq-9-screening-and-diagnosis-spanish.pdf</a>	
Postpartum Depression: Edinburg Screening Questionnaire - English	<a href="http://www.communitycarenc.org/media/tool-resource-files/post-partum-depression-edinburg-screening-english.pdf">http://www.communitycarenc.org/media/tool-resource-files/post-partum-depression-edinburg-screening-english.pdf</a>	
Postpartum Depression: Edinburg Screening Questionnaire - Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/post-partum-depression-edinburg-spanish.pdf">http://www.communitycarenc.org/media/tool-resource-files/post-partum-depression-edinburg-spanish.pdf</a>	
<b>Diabetes</b>		
Cardiovascular Risk Calculator (American College of Cardiology)	<a href="http://tools.cardiosource.org/ASCVD-Risk-Estimator/">http://tools.cardiosource.org/ASCVD-Risk-Estimator/</a>	Tool to help you and your patient decide about statins based on Nov 2013 guidelines.
Diabetes: A1c Stoplight Graphic (CCNC) - English	<a href="http://www.communitycarenc.org/media/tool-resource-files/diabetes-a1c-stoplight-graphic-ccnc-english.pdf">http://www.communitycarenc.org/media/tool-resource-files/diabetes-a1c-stoplight-graphic-ccnc-english.pdf</a>	Discussion tool about A1c
Diabetes: A1c Stoplight Graphic (CCNC) - Spanish	<a href="http://www.communitycarenc.org/media/tool-resource-files/diabetes-a1c-stoplight-graphic-ccnc-spanish.pdf">http://www.communitycarenc.org/media/tool-resource-files/diabetes-a1c-stoplight-graphic-ccnc-spanish.pdf</a>	Discussion tool about A1c
Diabetes: Adjusting Insulin Doses (Endocrine Society)	<a href="http://www.accurateinsulin.org/for-doctors/">http://www.accurateinsulin.org/for-doctors/</a>	
Diabetes: Self-Management Goal Sheet	<a href="http://www.ccwjc.com/Forms/Diabetes/Patient%20Education/Diabetes%20Self%20Care%20Goals.pdf">http://www.ccwjc.com/Forms/Diabetes/Patient%20Education/Diabetes%20Self%20Care%20Goals.pdf</a>	
<b>Infectious Disease</b>		
HIV: Fact Sheets, Resources, FAQs (aidsinonet.org) (English, Spanish and Nepali)	<a href="http://aidsinonet.org/printing-downloading">http://aidsinonet.org/printing-downloading</a>	Lots of resources available here from New Mexico AIDS Education and Training Center funded by FDA and National Library of Medicine.
STDs Current Treatment Guidelines (CDC)	<a href="http://www.cdc.gov/std/treatment/default.htm">http://www.cdc.gov/std/treatment/default.htm</a>	Regularly updated website with current guidelines for treatment of STDs.
<b>Obesity</b>		
Adult BMI Charts	<a href="http://www.eatsmartmovemorenc.com/BMI/BMI.html">http://www.eatsmartmovemorenc.com/BMI/BMI.html</a>	Download PDFs here to use on screen or wall

Weight Loss: Adult Handouts (EatSmartMoveMore NC)	<a href="http://www.eatsmartmovemorenc.com/PatientEducationPackets/PatientEducationPackets.html">http://www.eatsmartmovemorenc.com/PatientEducationPackets/PatientEducationPackets.html</a>	Links to BMI charts, several low literacy appropriate handouts (Move more for a healthy weight, Eating out, etc), but all English only.
Weight Loss: Find a Local Program (NC Alliance for Healthy Communities)	<a href="http://www.ncahc.org/weight-management-registry-north-carolina.html">http://www.ncahc.org/weight-management-registry-north-carolina.html</a>	Helps you to find weight management programs for your patients by zip code or county.
Weight Loss: Prescription 5-3-2-1 (EatSmartMoveMore NC) - English	<a href="http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/PrescripPadBW.pdf">http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/PrescripPadBW.pdf</a>	Prescription for 5 servings fruit/veg, 3 meals/day, 2 hours or less screen-time, 1 hour or more of activity.
Weight Loss: Prescription 5-3-2-1 (EatSmartMoveMore NC) - Spanish	<a href="http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/PrescripPadSpBW.pdf">http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/PrescripPadSpBW.pdf</a>	Prescription for 5 servings fruit/veg, 3 meals/day, 2 hours or less screen-time, 1 hour or more of activity.
<b>Pain Management</b>		
Chronic Pain Management Progress Note	<a href="http://www.communitycarenc.org/media/tool-resource-files/chronic-pain-management-progress-note.pdf">http://www.communitycarenc.org/media/tool-resource-files/chronic-pain-management-progress-note.pdf</a>	Personalized Progress Note
Diagnosis Intractability Reliability Efficacy (DIRE) - When Considering Opioids Long Term	<a href="http://www.communitycarenc.org/media/tool-resource-files/calculating-dire-score.pdf">http://www.communitycarenc.org/media/tool-resource-files/calculating-dire-score.pdf</a>	
How to Make an Overdose Plan	<a href="http://www.communitycarenc.org/media/tool-resource-files/how-make-overdose-plan.pdf">http://www.communitycarenc.org/media/tool-resource-files/how-make-overdose-plan.pdf</a>	Overdose Plan Directions
Interpreting Urine Toxicology Screens	<a href="http://www.communitycarenc.org/media/tool-resource-files/interpreting-urine-toxicology-screens.pdf">http://www.communitycarenc.org/media/tool-resource-files/interpreting-urine-toxicology-screens.pdf</a>	UNC Hospitals Guide to Urine Toxicology Screens
Management Algorithm - Neuropathic Pain	<a href="http://www.communitycarenc.org/media/tool-resource-files/management-algorithm-neuropathic-pain.pdf">http://www.communitycarenc.org/media/tool-resource-files/management-algorithm-neuropathic-pain.pdf</a>	Follow the clues to Neuropathic pain
Opioid Risk Tool (ORT) When Considering Use of Narcotics for Chronic Pain	<a href="http://www.communitycarenc.org/media/tool-resource-files/opioid-risk-tool.pdf">http://www.communitycarenc.org/media/tool-resource-files/opioid-risk-tool.pdf</a>	
Pain Assessment and Management Algorithms	<a href="http://www.communitycarenc.org/media/tool-resource-files/pain-assessment-and-management-algorithms.pdf">http://www.communitycarenc.org/media/tool-resource-files/pain-assessment-and-management-algorithms.pdf</a>	Modified from ICSI Management Algorithm
Pain Management Agreement	<a href="http://www.communitycarenc.org/media/tool-resource-files/pain-management-agreement.pdf">http://www.communitycarenc.org/media/tool-resource-files/pain-management-agreement.pdf</a>	Patient Pain Management Agreement

Pain: NC Controlled Substances Reporting System - CSRS Login	<a href="http://nccsrsp.hidinc.com/">http://nccsrsp.hidinc.com/</a>	CSRS is a statewide reporting system designed to track the use of prescription drugs classified as Schedule II-V controlled substances. (log-in credentials required.)
Pain: NC Legal history (drug charges, DUIs, forgery, etc)	<a href="http://webapps6.doc.state.nc.us/opi/offendersearch.do?method=view">http://webapps6.doc.state.nc.us/opi/offendersearch.do?method=view</a>	If your practice checks NC legal history prior to Narcotics Contracts with patients, you can do so here-- NC Offender Search is free and public, courtesy of the NC Department of Public Safety.
SBIRT Annual Screening Questionnaires	<a href="http://www.communitycarenc.org/media/tool-resource-files/sbirt-annual-screening-questionnaires.pdf">http://www.communitycarenc.org/media/tool-resource-files/sbirt-annual-screening-questionnaires.pdf</a>	Questionnaires in English & Spanish
SBIRT Audit Forms	<a href="http://www.communitycarenc.org/media/tool-resource-files/sbirt-audit-forms.pdf">http://www.communitycarenc.org/media/tool-resource-files/sbirt-audit-forms.pdf</a>	Forms in English and Spanish; scoring template
SBIRT DAST-10 Forms	<a href="http://www.communitycarenc.org/media/tool-resource-files/sbirt-dast-10-forms.pdf">http://www.communitycarenc.org/media/tool-resource-files/sbirt-dast-10-forms.pdf</a>	Forms in English and Spanish; scoring template
Universal Precautions for Pain Medicine Prescribing	<a href="http://www.communitycarenc.org/media/tool-resource-files/universal-precautions-pain-medicine-prescribing.pdf">http://www.communitycarenc.org/media/tool-resource-files/universal-precautions-pain-medicine-prescribing.pdf</a>	
<b>Sickle Cell Disease</b>		
Sickle Cell Care Guidelines Oriented by Problem (CDC/Grady Health System)	<a href="http://scinfo.org/problem-oriented-clinical-guidelines/">http://scinfo.org/problem-oriented-clinical-guidelines/</a>	Guidelines for treating over 40 syndromes common in SC patients, developed with US DHHS funds and in use at Grady SC Center
Sickle Cell Care: Few BASIC Primary Care Guidelines (CDC/NHLBI)	<a href="http://www.cdc.gov/NCBDDD/sicklecell/recommendations.html">http://www.cdc.gov/NCBDDD/sicklecell/recommendations.html</a>	Few basic evidence based pearls that should be known by all providers treating patients with Sickle Cell
<b>Substance/Alcohol Use</b>		
Alcoholism: Find AA Meeting/Chapter by Zip Code (Alcoholics Anonymous) (English & Spanish Meetings)	<a href="http://www.aa.org/pages/en_US/find-aa-resources">http://www.aa.org/pages/en_US/find-aa-resources</a>	Find local chapter by zip code. Call local chapter for schedule of local meetings and other information. Meetings in Spanish are available in most parts of NC.
Alcoholism: SBIRT- Click "next" Screening, Brief Interventions & Referral to Treatment (NIAAA)	<a href="http://pubs.niaaa.nih.gov/publications/Practitioner/pocketguide/pocket_guide5.htm">http://pubs.niaaa.nih.gov/publications/Practitioner/pocketguide/pocket_guide5.htm</a>	National Institute of Alcohol Abuse and Alcoholism has put together pocket guide and more extensive clinician's guide-- this is a concise presentation of these materials. Click "next" to go through all SBIRT steps.

Calculating DIRE Score	<a href="https://www.communitycarenc.org/media/ol-resource-files/calculating-dire-score.pdf">https://www.communitycarenc.org/media/ol-resource-files/calculating-dire-score.pdf</a>	
How to Make an Overdose Plan	<a href="https://www.communitycarenc.org/media/ol-resource-files/how-make-overdose-plan.pdf">https://www.communitycarenc.org/media/ol-resource-files/how-make-overdose-plan.pdf</a>	Overdose Plan Directions
Interpreting Urine Toxicology Screens	<a href="https://www.communitycarenc.org/media/ol-resource-files/interpreting-urine-toxicology-screens.pdf">https://www.communitycarenc.org/media/ol-resource-files/interpreting-urine-toxicology-screens.pdf</a>	UNC Hospitals Guide to Urine Toxicology Screens
Pain: NC Controlled Substances Reporting System - CSRS Login	<a href="https://nccsrsp.hidinc.com/">https://nccsrsp.hidinc.com/</a>	CSRS is a statewide reporting system designed to track the use of prescription drugs classified as Schedule II-V controlled substances. (log-in credentials required.)
SBIRT Annual Screening Questionnaires	<a href="https://www.communitycarenc.org/media/ol-resource-files/sbirt-annual-screening-questionnaires.pdf">https://www.communitycarenc.org/media/ol-resource-files/sbirt-annual-screening-questionnaires.pdf</a>	Questionnaires in English & Spanish
SBIRT Audit Forms	<a href="https://www.communitycarenc.org/media/ol-resource-files/sbirt-audit-forms.pdf">https://www.communitycarenc.org/media/ol-resource-files/sbirt-audit-forms.pdf</a>	Forms in English and Spanish; scoring template
SBIRT DAST-10 Forms	<a href="https://www.communitycarenc.org/media/ol-resource-files/sbirt-dast-10-forms.pdf">https://www.communitycarenc.org/media/ol-resource-files/sbirt-dast-10-forms.pdf</a>	Forms in English and Spanish; scoring template
<b>Tobacco Cessation</b>		
Tobacco Cessation: 800-QUITNOW One Page Flier (NC DHHS) - Spanish	<a href="http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet---spanish.pdf?sfvrsn=6">http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet---spanish.pdf?sfvrsn=6</a>	One page 1800QUITNOW flier in Spanish
Tobacco Cessation: Resources for your Practice (NC DHHS Quitline)	<a href="http://www.quitlinenc.com/health-professionals/practice-resources/resources-for-your-practice">http://www.quitlinenc.com/health-professionals/practice-resources/resources-for-your-practice</a>	Posters, fliers, chart of NRT, etc
Tobacco Cessation: Quitline Fax Referral Form (NC DHHS) - English	<a href="https://www.communitycarenc.org/media/ol-resource-files/tobacco-cessation-quitline-fax-referral-form-nc-dh.pdf">https://www.communitycarenc.org/media/ol-resource-files/tobacco-cessation-quitline-fax-referral-form-nc-dh.pdf</a>	Fax referral form asking Quitline to call the patient.
Tobacco Cessation: Quitline Fax Referral Form (NC DHHS) - Spanish	<a href="http://www.quitlinenc.com/docs/provider-resources/spanishfaxreferralform.pdf?sfvrsn=2">http://www.quitlinenc.com/docs/provider-resources/spanishfaxreferralform.pdf?sfvrsn=2</a>	Fax referral form asking Quitline to call the patient.

Tobacco Cessation: 800-QUITNOW One Page Flier (NC DHHS) - English <http://www.quitlinenc.com/docs/patient-resources/quitlinenc-fact-sheet.pdf?sfvrsn=6> One page flier with 1800-QUITNOW info.

**Veterans**

Veteran's Crisis Line (US Department of Veteran's Affairs) <http://veteranscrisisline.net/ForVeterans.aspx> Online chat, text or phone support for vets or active military in crisis.

**Well Care**

**11-21 Years**

ABCD (Assuring Better Child health and Development) - Screening Overview <https://www.communitycarenc.org/media/tool-resource-files/abcd-and-screening-chart.pdf> ABCD- Assuring Better Child health and Development - Screening overview

Blood Pressure Table (Boys) <http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/BPTableBoys.pdf>

Blood Pressure Table – (Girls) <http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/BPTableGirls.pdf>

Depression - PHQ-9 Depression Screen - English [http://www.phqscreeners.com/pdfs/02\\_PHQ-9/English.pdf](http://www.phqscreeners.com/pdfs/02_PHQ-9/English.pdf)

Depression - PHQ-9 Depression Screen - Spanish [http://www.phqscreeners.com/pdfs/02\\_PHQ-9/PHQ9\\_Spanish%20for%20the%20USA.pdf](http://www.phqscreeners.com/pdfs/02_PHQ-9/PHQ9_Spanish%20for%20the%20USA.pdf)

Depression - PHQ-9 Depression Screen, Scoring Instructions <http://brightfutures.aap.org/pdfs/Other%203/PHQ-9%20Instructions%20for%20Use.pdf>

Obesity - Color-Coded BMI Chart (Boys) <http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/BMIChartBoys.pdf>

Obesity - Color-Coded BMI Chart (Girls) <http://www.eatsmartmovemorenc.com/PediatricObesityTools/Texts/BMIChartGirls.pdf>

Screening - Guidelines for Adolescent Preventive Services (GAPS), ages 11-14 - English <http://www.capefearpediatrics.com/pdf/522781-younger%20adolescent%20english.pdf>



Screening - Guidelines for Adolescent Preventive Services (GAPS), ages 11-14 - Spanish	<a href="http://www.capefearpediatrics.com/pdf/522777-younger%20adolescent%20spanish.pdf">http://www.capefearpediatrics.com/pdf/522777-younger%20adolescent%20spanish.pdf</a>	
Screening - Guidelines for Adolescent Preventive Services (GAPS), ages 15-21 - English	<a href="http://www.capefearpediatrics.com/pdf/522778-older%20adolescent%20english.pdf">http://www.capefearpediatrics.com/pdf/522778-older%20adolescent%20english.pdf</a>	
Screening - Guidelines for Adolescent Preventive Services (GAPS), ages 15-21 - Spanish	<a href="http://www.capefearpediatrics.com/pdf/522779-older%20adolescent%20spanish.pdf">http://www.capefearpediatrics.com/pdf/522779-older%20adolescent%20spanish.pdf</a>	
Screening - Guidelines for Adolescent Preventive Services (GAPS), Parent/Guardian - English	<a href="http://www.uvpediatrics.com/Docs/GAPSParenteng.pdf">http://www.uvpediatrics.com/Docs/GAPSParenteng.pdf</a>	
Screening - Guidelines for Adolescent Preventive Services (GAPS), Parent/ Guardian - Spanish	<a href="http://www.capefearpediatrics.com/pdf/GAPS%20-%20Parent%20Sp.pdf">http://www.capefearpediatrics.com/pdf/GAPS%20-%20Parent%20Sp.pdf</a>	
Screening – Pediatric Symptom Checklist (Youth Self-Report, age 11-18+) - English	<a href="http://www.massgeneral.org/psychiatry/assets/PSCY-35_English.PDF">http://www.massgeneral.org/psychiatry/assets/PSCY-35_English.PDF</a>	
Screening – Pediatric Symptom Checklist (Youth Self-Report, age 11-18+) - Spanish	<a href="http://www.massgeneral.org/psychiatry/assets/PSC_Y_Youth_Self_Report_Spanish.pdf">http://www.massgeneral.org/psychiatry/assets/PSC_Y_Youth_Self_Report_Spanish.pdf</a>	
Sports Pre-Participation Physical Exam Form (AAP/AAFP/ACSM)	<a href="http://www.aafp.org/dam/AAFP/documents/patient_care/fitness/ppephysicalexamform2010.pdf">http://www.aafp.org/dam/AAFP/documents/patient_care/fitness/ppephysicalexamform2010.pdf</a>	
Well Child/Health Check Billing Guide (NC Medicaid)	<a href="http://www.ncdhhs.gov/DMA/healthcheck/HC-Billing_Guide_2013.pdf">http://www.ncdhhs.gov/DMA/healthcheck/HC-Billing_Guide_2013.pdf</a>	
<b>22-49 Years</b>		
ACP Men's Preventive Plan	<a href="https://www.communitycarenc.org/media/files/acp-mens-preventive-plan.doc">https://www.communitycarenc.org/media/files/acp-mens-preventive-plan.doc</a>	
ACP Women's Preventive Plan	<a href="https://www.communitycarenc.org/media/files/acp-womens-preventive-plan.doc">https://www.communitycarenc.org/media/files/acp-womens-preventive-plan.doc</a>	
Men: Staying Healthy at Any Age- Preventive Services Recommendations (AHRQ) - English	<a href="http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/healthy-men.pdf">http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/healthy-men.pdf</a>	

Men: Staying Healthy at Any Age- Preventive Services Recommendations (AHRQ- 2014) - Spanish	<a href="http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/hombre.pdf">http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/hombre.pdf</a>	
Women: Staying Healthy at Any Age- Preventive Services Recommendations (AHRQ) - English	<a href="http://www.ahrq.gov/patients-consumers/prevention/lifestyle/healthy-women.pdf">http://www.ahrq.gov/patients-consumers/prevention/lifestyle/healthy-women.pdf</a>	
Women: Staying Healthy at Any Age- Preventive Services Recommendations (AHRQ) - Spanish	<a href="http://www.ahrq.gov/patients-consumers/prevention/lifestyle/mujer.pdf">http://www.ahrq.gov/patients-consumers/prevention/lifestyle/mujer.pdf</a>	
<b>50-64 Years</b>		
ACP Men's Preventive Plan	<a href="https://www.communitycarenc.org/media/files/acp-mens-preventive-plan.doc">https://www.communitycarenc.org/media/files/acp-mens-preventive-plan.doc</a>	
ACP Women's Preventive Plan	<a href="https://www.communitycarenc.org/media/files/acp-womens-preventive-plan.doc">https://www.communitycarenc.org/media/files/acp-womens-preventive-plan.doc</a>	
Women 50-plus: Preventive Care checklist (AHRQ) - English	<a href="http://www.ahrq.gov/patients-consumers/prevention/lifestyle/women-over-50.pdf">http://www.ahrq.gov/patients-consumers/prevention/lifestyle/women-over-50.pdf</a>	Great 2 page handout on preventive care- practices can get these for free by ordering them from AHRQ- see here: <a href="http://www.ahrq.gov/ppip/pporder.htm">http://www.ahrq.gov/ppip/pporder.htm</a>
Women 50-plus: Preventive Care checklist (AHRQ) - Spanish	<a href="http://www.ahrq.gov/patients-consumers/prevention/lifestyle/women50sp.pdf">http://www.ahrq.gov/patients-consumers/prevention/lifestyle/women50sp.pdf</a>	Great 2 page handout on preventive care- practices can get these for free by ordering them from AHRQ- see here: <a href="http://www.ahrq.gov/ppip/pporder.htm">http://www.ahrq.gov/ppip/pporder.htm</a> or Call AHRQ at 1-800-358-9295- link checked
Men 50-plus: Preventive Care checklist (AHRQ) - English	<a href="http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/men-over-50.pdf">http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/men-over-50.pdf</a>	Great 2 page handout on preventive care- practices can get these for free by ordering them from AHRQ- see here: <a href="http://www.ahrq.gov/ppip/pporder.htm">http://www.ahrq.gov/ppip/pporder.htm</a>
Men 50-plus: Preventive Care checklist (AHRQ) - Spanish	<a href="http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/men50sp.pdf">http://www.ahrq.gov/patients-consumers/patient-involvement/healthy-men/men50sp.pdf</a>	Great 2 page handout on preventive care- practices can get these for free by ordering them from AHRQ- see here: <a href="http://www.ahrq.gov/ppip/pporder.htm">http://www.ahrq.gov/ppip/pporder.htm</a> or Call AHRQ at 1-800-358-9295- link checked 4/7/2011-pw
<b>65+ Years</b>		
ACP Men's Preventive Plan	<a href="https://www.communitycarenc.org/media/files/acp-mens-preventive-plan.doc">https://www.communitycarenc.org/media/files/acp-mens-preventive-plan.doc</a>	
ACP Women's Preventive Plan	<a href="https://www.communitycarenc.org/media/files/acp-womens-preventive-plan.doc">https://www.communitycarenc.org/media/files/acp-womens-preventive-plan.doc</a>	

Initial Preventive Phys Exam: "Welcome to Medicare" Encounter Form (AAFP)	<a href="http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/MPS_QRI_IPP_E001a.pdf">http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/MPS_QRI_IPP_E001a.pdf</a>	This is a tool from CMS for MDs to use to ensure we do & document the 'Welcome to Medicare' exam appropriately. Note that there are new additions in this January 2009 version.
Initial Preventive Physical Exam Requirements (CMS)	<a href="http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/MPS_QRI_IPP_E001a.pdf">http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/MPS_QRI_IPP_E001a.pdf</a>	
Medical Care Decisions and Advanced Directives (NC DHHS)	<a href="http://www.ncmedsoc.org/non_members/public_resources/eol/MedicalCareDecisions-AdvanceDirectives.pdf">http://www.ncmedsoc.org/non_members/public_resources/eol/MedicalCareDecisions-AdvanceDirectives.pdf</a>	
Medicare Annual Wellness Visit - Health Risk Assessment (ACP) - Paper	<a href="http://www.acponline.org/running_practice/payment_coding/medicare/hra.pdf">http://www.acponline.org/running_practice/payment_coding/medicare/hra.pdf</a>	Paper version
Medicare Annual Wellness Visit - Health Risk Assessment (Dartmouth) - Computer	<a href="http://www.medicarehealthassess.org/">http://www.medicarehealthassess.org/</a>	Fill out online and print results
Medicare Annual Wellness Visit - Practice Checklist (ACP)	<a href="https://www.communitycarenc.org/media/tool-resource-files/medicare-annual-wellness-visit-practice-checklist-.pdf">https://www.communitycarenc.org/media/tool-resource-files/medicare-annual-wellness-visit-practice-checklist-.pdf</a>	
Medicare Annual Wellness Visit Requirements (CMS)	<a href="http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/AWV_Chart_I_CN905706.pdf">http://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/downloads/AWV_Chart_I_CN905706.pdf</a>	